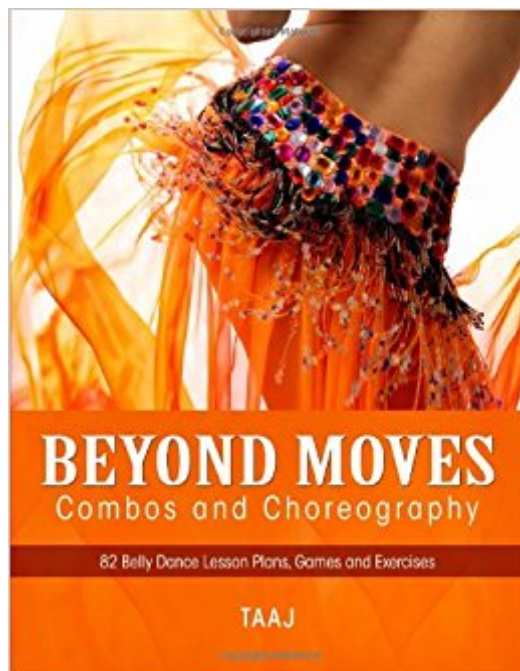




The book was found

Belly Dance Beyond Moves, Combos, And Choreography 82 Lesson Plans, Games, And Exercises To Make Your Classes Fun, Productive And Profitable



Synopsis

Are you a belly dancer? If you are ready to really learn how to belly dance- I mean to take those basics and move far beyond them into a land of freedom and creativity - you needÃ A Beyond Moves, Combos and Choreography. Are you a belly dance teacher? If you are ready to have fun, profitable belly dance classes with reliable, reproducible results, you needÃ A Beyond Moves, Combos and Choreography. This book has games! Games are a low stress way of learning. They teach fundamental belly dance skills in ways that reduce self-consciousness, encourage participation and enhance muscle memory. This book has exercises. The exercises isolate key concepts that can be applied to any dance, making belly dance performances more effective, powerful, and representative of the student's individual personality. And then there are lesson plans. The Lesson Plans, Suggestions on How to Create Your Own Lesson Plans, and the Guide for Problem Solving give you a way to start improving your belly dance classes or practice sessions right away! Each game, exercise and lesson plan comes with an assessment so that you can objectively measure progress and identify areas for improvement. We all need this to know if we are actually improving or just going over the same old ground. Many games and exercises have built in training for developing critical thinking. This means students learn how to think for themselves -- an essential skill for developing the confidence, healthy self-esteem, and knowledge needed to reach their highest potential. Beyond Moves, Combos and ChoreographyÃ A is THE book for the belly dance teacher and the student who really wants to know how to belly dance - not just how to execute moves and choreographies - but how to know how to use what you've got, when to use it, with how much energy to infuse your performance with the intended emotion, and connect with your audience. Without that, a choreography is just a choreography.

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Customer Reviews

Taaj started teaching belly dance seriously in 2001. From 2002 to 2007 her students won 46 trophies from competitions in 4 states. In 2007, Taaj took the knowledge gained from coaching those students and turned it into the Belly Dance Trainer Certification Program so that she could share her award-winning techniques with others. Taaj's students are now producing award-winning students of their own. Dancers in 8 countries and 26 US states are studying the program. Beyond Moves, Combos and Choreography is Taaj's latest teaching tool to help share her success and reputation of excellence.

I purchased this book because I wanted new ideas on teaching concepts -- beyond just how to move -- in my bellydance classes. What I received was an absolute treasure trove of ideas, games, exercises, things to look out for, new ways to describe concepts, and even coverage of concepts that I had never thought to include in my classes. I am so pleased with this book! Broken down into "concepts," each section focuses on a different activity to get your students thinking about things like dynamics, emotionality, and musical interpretation. From exercises on level changes to smoothing transitions, from layering movements to teaching students how to hear the beat -- this book covers it all, and the exercises are infinitely customizable. Although the book is geared towards activities for beginner to intermediate students, you could easily adapt the exercises for a more advanced class. The advanced dancer can also adapt the exercises for her own home-study. This is real 110+ page BOOK -- NOT a pamphlet. It's an oversized paperback, with no fluff or wasted space. The book does not describe or break down any movements. It's assumed that if you're teaching bellydance you will already know the movements. This book strictly deals with teaching concepts, not moves. I especially love the little checklist/test for each activity, with notes on what to look for to see if students understand the material. This book is a MUST for any bellydance teacher.

This book is just wonderful. It has so many lesson plans and ideas and games that I think most people simply can't come up with all on their own. It's a wonderful resource for any dance teacher, not just belly dance teachers, but obviously it is tailored to the belly dance teacher. Seriously, the

best book I've ever bought for lesson plans. Love it.

I have only had this book for a short period of time. After reviewing some of the chapters, I think I can use some of these lessons into my classes that is if I ever start a class. At least I will be more prepared.

I love how creative and fun these exercises are. I appreciate all of the information given as to why these exercises are beneficial and what areas they will help students with. Thank you for this book! It is wonderful.

Thanks much!

I was a little hesitant as to how useful a written text on dance could be, but I took a chance on this book because other reviews looked intriguing. I am always looking for new ideas for how to improve the bellydance classes I teach, and this book is a wealth of ideas. I have implemented several of the exercises from this book in my classes with great results. Students (and I) enjoy the games, and derive obvious benefit from them, both in my view and their own. Even though there are a few exercises/games for which I don't completely understand the instructions, it doesn't matter because they have still sparked new ideas for teaching and helping students "get" movement and dance concepts. I highly recommend this book for bellydance instructors. It would probably also provide some interesting exercises for a dancer working on her own, though many of the games/exercises require a group of people, and would have to be adapted for one person.

ok

Got this quickly and it is a very helpful book!!

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